# Statistics and Wormhales in the conformal bootstrap

Lectures at Bootstrap 2022, Porto. Tom Hartman, July 2022.

Sclected Refs ETH review D'Alessis et. al. 1509.06411 ETH in CFT Dymorsky, Loshkari, Liu 1610.00302 Universal ICol<sup>2</sup> Collier, Moloney, Maxfield, Tsiares 1912.00222 Wormholes Vs. ETH Sood Sherker Stenford 1903.11115 Sood 1910.10311 3d gravity as large-c ensemble

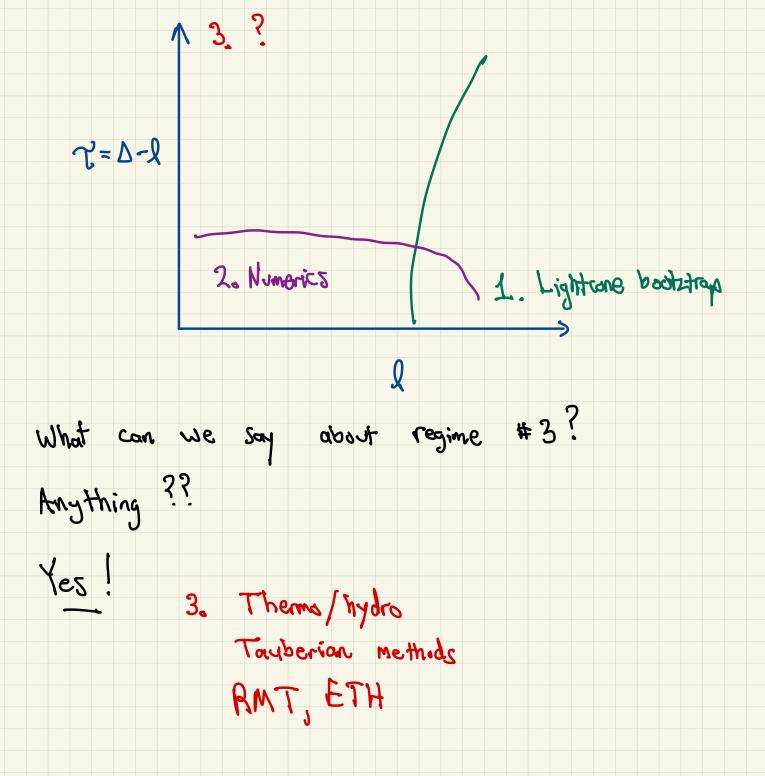
Chandra, Collier, Hartman, Maloney 2203.06511

S.

## Intro

### The spectrum of a CFT is organized by Spin

and twist:



These lectures will be about how we use these techniques to study CFT @ high energy.

We will focus on chaotic observables, unpretected by supersymmetry and not (heavily) constrained by integrability.

In this regime, often we are not trying to calculate individual D, P, ciju, but statistics.

Chaos

Statistics



 $\mathcal{P}_{R}(A)\mathcal{P}_{R}(A')$ ,  $\mathcal{P}\mathcal{P}\mathcal{P}$ , etc.

(onergy level spacing otheristics)

- of matrix elements:
  - Cijk Cenn, CCC, etc.
- of more complicated observables:
  - $G(z_1 \overline{z})^2$ , ...
- Where "\_\_\_\_\_" = average over (microcanonical P(E) -vnearby states (Cordy; Tarburian) - CFTs (conf. manifold, discrete fornily) - CFT data" Ai, Ciju
  - ie random <u>spectrum</u> and random metrix elements These A are both appects of quantum chaos. In these lectures we will focus mostly
  - on matrix elements, for reasons I'll explin later.

A big part of this problem is to understand how to phrose the question -

What's Universal? What's tractoble?

For that we'll rely heavily on holography; recent

progress in uncovering otohistical aspects of black holes.

holography

A good long-term goal for the bootstrap is to bridge the gap between lightcone, numerics, hydro, AMT. cf. Dodelson-Zhiboedov

But this is a subject that is just getting off the ground, jets to be done ! Message At large T, we mostly care about statistics.

These statistics can be proved

by bostatrap and in AdS/CFT relate

to higher topology spacetimes.

Plan ETH Cijn in 2d CFT (combine ETH + Boststopp) Large-c ensemble Wormholes

Eigenstate Thermalization Hypothesis ETH asserts that in a chaptic grantum system, In chaotic regime, (in QM) "vandon" and opprox Gaussian Rij Rue ~ Sin Sie + perms + e Here I assumed only energy is conserved - e.g. spin chain QM. When does it apply? That's very difficult to answer. Best evidence is numerical. Heuristic: - theory is chaotic - H non-degenerate - Im), In) have high energy - hydro, local them. - O is "simple" enough ( obviously H itself doesn't work)

#### Self-consistency of ETH requires

 $\langle m | \Theta O | m \rangle \sim \langle \Theta^2 \rangle_{E_m}$ ZINXal  $\sum_{n} |O_{mn}|^2 = O(1)$ 

This is a sum over e terms. So

 $= \frac{-S/2}{m_n} = \frac{-S/2}{F(E_n,E_n)} = \frac{-S(E)/2}{F(E_n,\omega)}$ 

 $\vec{E} = \frac{1}{2}(E_n + E_n)$ 

 $\omega = E_m - E_n$ 

The fact that we used  $\overline{E}$  is just a choice. (absorb into  $\overline{f}$ )

Note f(E, w) is typically strongly perhed @ W~O.

First term -> Equilibrium 2nd term -> Linear response

Thermalization

 $\frac{1}{2T}\int_{-T}^{T} \langle \psi | O(H) | \psi \rangle = \sum_{m,n} \psi^{*} \psi_{n} \psi_{n} \int_{mn} \frac{1}{2T} \int_{0}^{i} He^{iHE_{mn}}$  $\rightarrow \sum_{n} |\Psi_{n}|^{2} O_{nn} \rightarrow \delta_{mn}$ 

We expect an isolated, chastic quartum system in a pure state to act "thermal" @ late times.  $ETH \Rightarrow \sum_{F} f_{\psi}(F) O(E)$ 

approaches equilibrium @ lote time.

ETH "explains" this behavior: each term in the sum is thermal, individually.

An alternative is to say you can only prepare states with "roadon" 14/12. This is just not how QM works. The best argument I know for this is numerical experiment. (cf. integrable)



## For O' a local operator; $G_{p}(x) = \frac{1}{Z(p)}$ Tr $e^{-\beta H} O(x) O(0) \approx \langle m | O(bx) O(0) | m \rangle$ $1_{state} w/ E_{m} = E(\beta)$

 $G_{\beta}(\omega) \approx \int dt e^{-i\omega t} (m |O(x),O(D)|m)$ indert  $\Sigma_{1} |n \times n|$ 

Exercise: Show this sets

 $f(E,\omega) = \int G_{\beta(E)}(\omega)^{\dagger}$ = [2(1-e<sup>-pw</sup>)<sup>-1</sup> Im G.Ret. (w) linear response

ie smooth part is fixed by hydro

You can easily derive this by calculating 2pf in

an eigenstate and <m/O(HOTb)(m) = <OUHOD)) Em

In CFT: <m/O/n> = comm thermodynamic limit V->00 (or N->00) @ fixed E/V  $\Rightarrow \Delta_{m,n} \rightarrow \infty$ or  $\Delta m_{n} \sim N^2$  in hold. CFT (large gap) • ETH suggests that in CFT, Roughly: CLHH = Kheany 10 light heavy ~ thermal 1 pt. CLHH' ~ (hydro) \* (random matrix) But CFT has lots more structure than just QM. -momentum concervation, crossing. Henristically, ETH tells us that these OPE coefficients should be "as random as possible" subject to other constraints. end lecture #1

Challenge:

\* What exactly does ETH + RMT predict for CFT spectrum and Ciju in d>2?

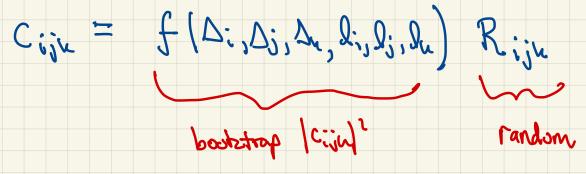
\* Does it hold ? (numerics, holography)

Many of these results should apply in some way in higher dimensions.

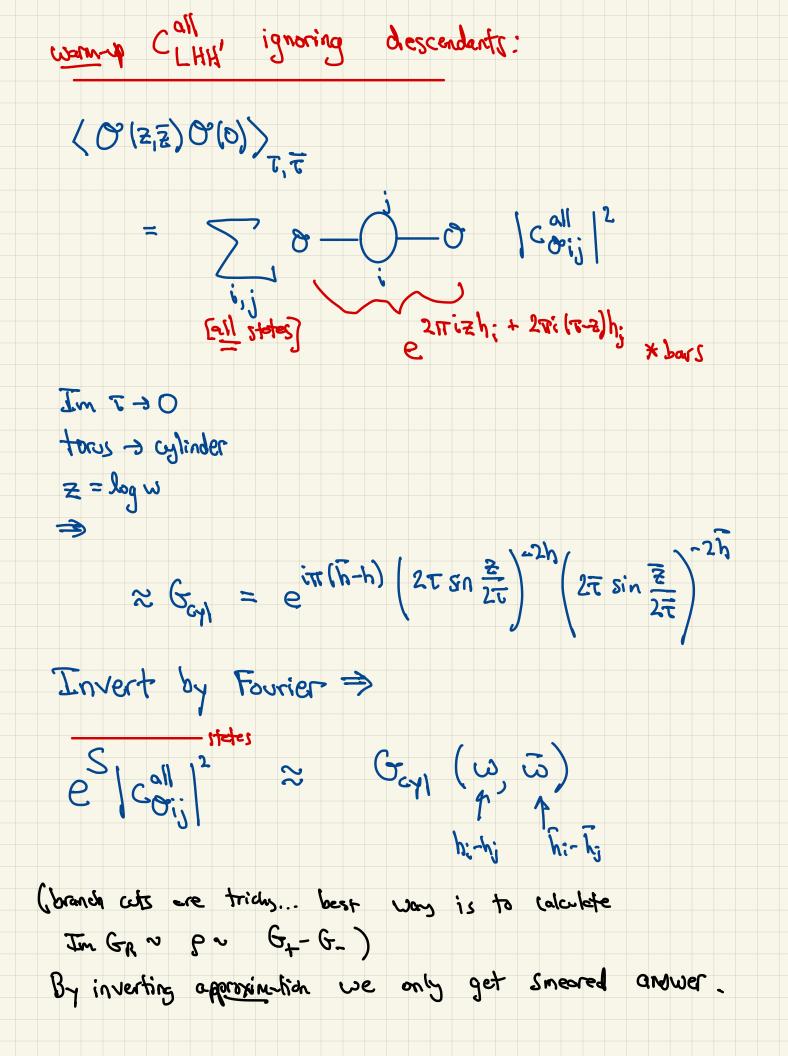
But I'se mostly set d=2.

## ETH-line anostz for 22 CFT





we'll derive this andatz by inverting the OPE,



Now if we forget Virasoro we'd recover ETH.

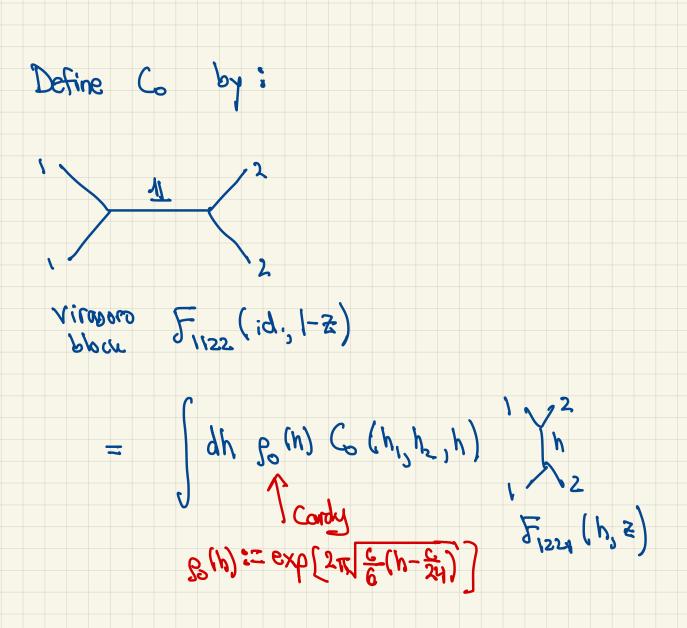
However this cannot be right, because obviously

OPE coeff. of descendants are not independent.

To fix this, redo the calculation using

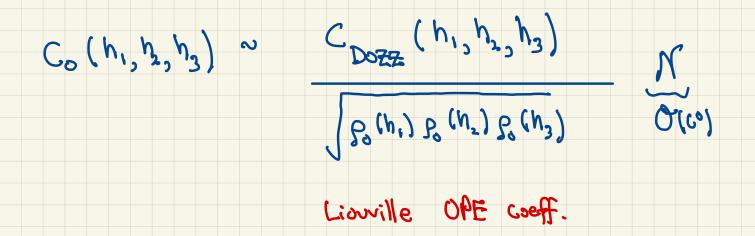
the Viradoro Crossing kernel.

Now including Virosaro:



Ponoot - Teschner 🔿

We'll return to the contour momentarily.



(I'm dropping a 1-loop prefactor, see refs for exect.)

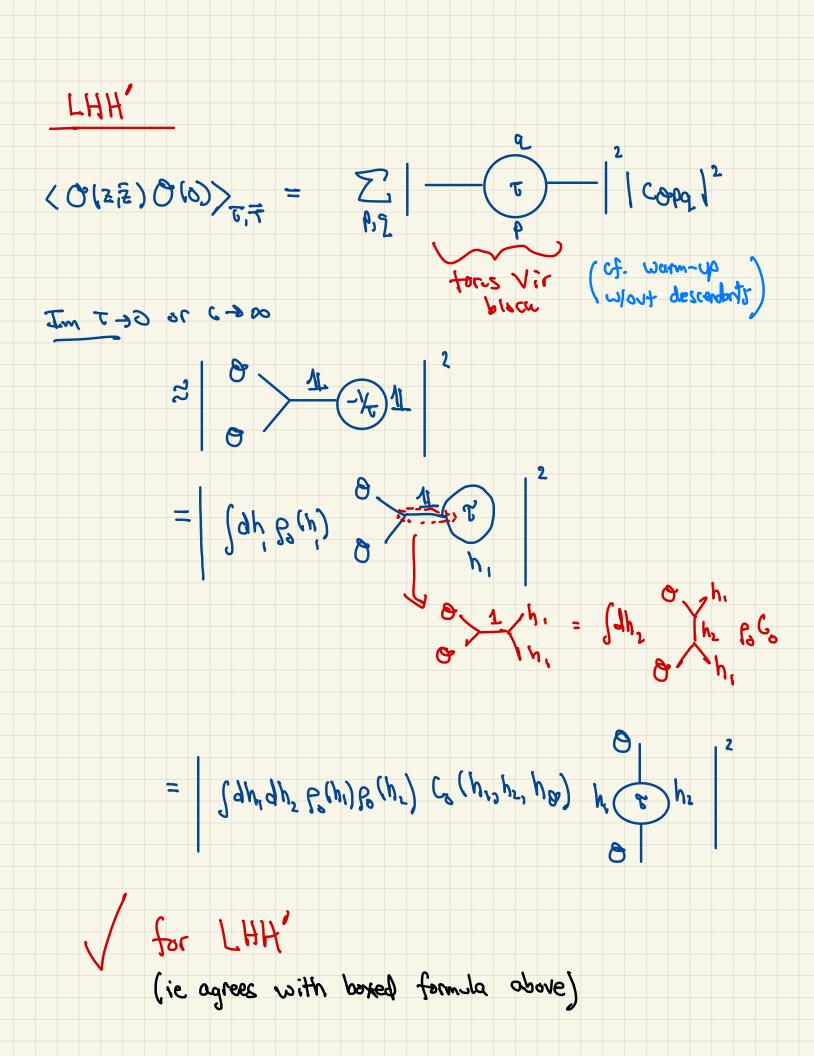
Why Liouville? Because Liouville is related to rep. theory of Virosoro. We are Not discussing Liouville CFT !

Contour : nuttipuist discretum t Jdh 24 "[dh" =

"Viraporo MFT"

You can do this all exactly, but I'll just describe answer @ large c. Semiclassical limit c-> 00, h fixed  $h = \frac{c}{6} \mathcal{N}(1-\mathcal{N})$ " defect  $h < \frac{c}{2y}$ ,  $n \in [0, \frac{1}{2}]$ "black hole" h> ~ ~ , n= + ir VMFT: If  $n_1 + n_2 < \frac{1}{2}$ :  $\mathcal{N}_{[\mathcal{O},\mathcal{O}_{2}]} = \mathcal{N}_{1} + \mathcal{N}_{2}$ Otherwile : no multitroces

Universal (Ciju)<sup>2</sup> <0,(0) 0,12)0,(1) 0,(m) = (F(id,1-2))2 when: 2-11  $\frac{\partial R}{\partial x}$   $\frac{\partial$ = (dh (dh po(h)po(h) Co(h, hch) Co(h, h h) (F)2  $\frac{1}{|C_{iju}|^2} \approx C_0(h_{i},h_{j},h_{u})C_0(\bar{h},\bar{h},\bar{h}_{u})$ This derivation was for "[["H" i.e.  $h_i \rightarrow \infty$  $\underbrace{\partial r}{G \rightarrow \infty}, \quad h_{i} \gtrsim \frac{G}{12} \quad \left(\frac{G}{24}\right)$ But some formula holds for LHH and HH'H"



Homework: repeat for HHH SICipled hint: Zgenes 2 = Zr (j  $\left(C_{ijk}\right)^2$ 

So the universal Co formula applies to all these coses.

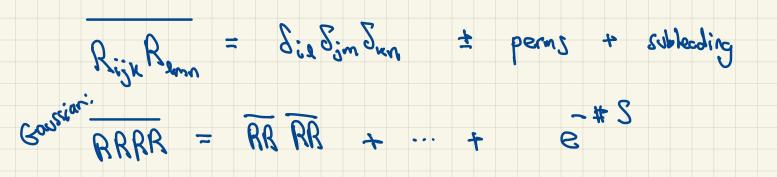
It is useful to note these different regimes are related by analytic continuation:

Continue à ) [CHH,Ha] ,--- 1 CLHHH 12 H" -> light = H'-> hight -> > ICLULH TP

Viraboro ETH

for i #j#k,

 $C_{ijk} = \left( C_{o}(h_{i}, h_{j}, h_{u}) C_{o}(\bar{h}_{i}, \bar{h}_{j}, \bar{h}_{v}) \right) R_{ijk}$ CDOZZ replaces e S12 JG<sub>th</sub>



etc. 

Summary

ETH~ (Crossing kernel) \* (random O(1))

So far: fixed CFT, particular Riju

Now: Average over Rijk Assume holographic CFT (why? because of holography; motivated by SYK model)

(Actually GG below doen't require hold OPT).

Call this

« Large-c Ensemble of CFT data"



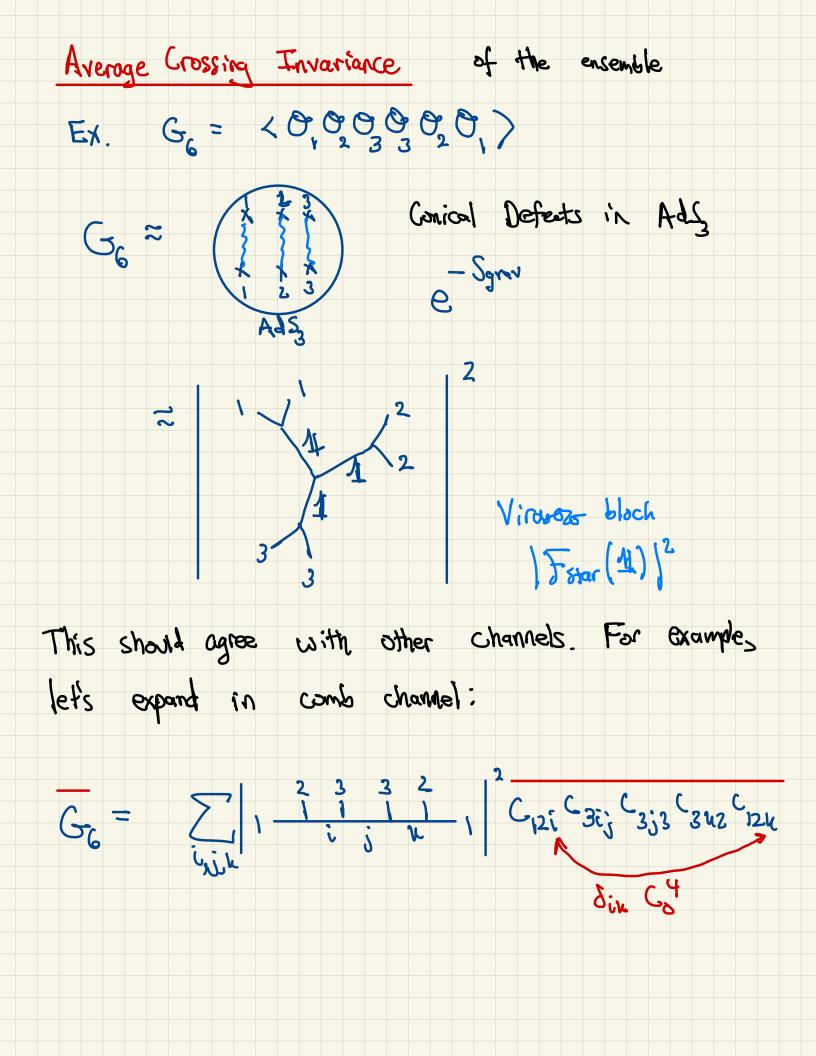
Large-c Ensemble vs. 32 gravity

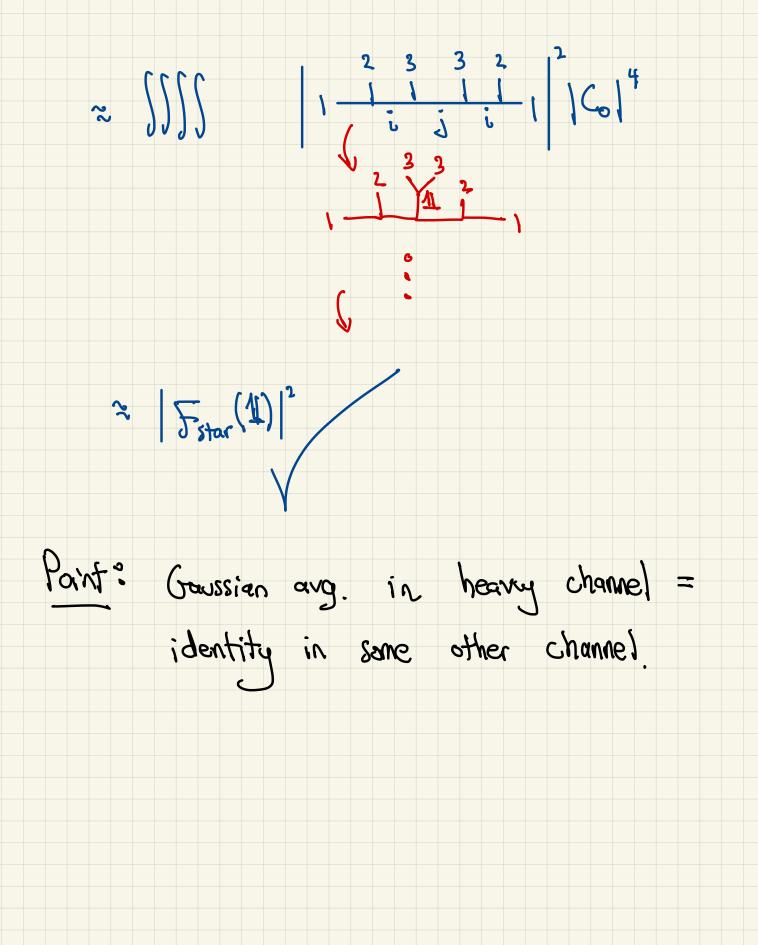
Defects  $h \in \left(\begin{array}{c} c & c \\ 32 & 24 \end{array}\right)$ 

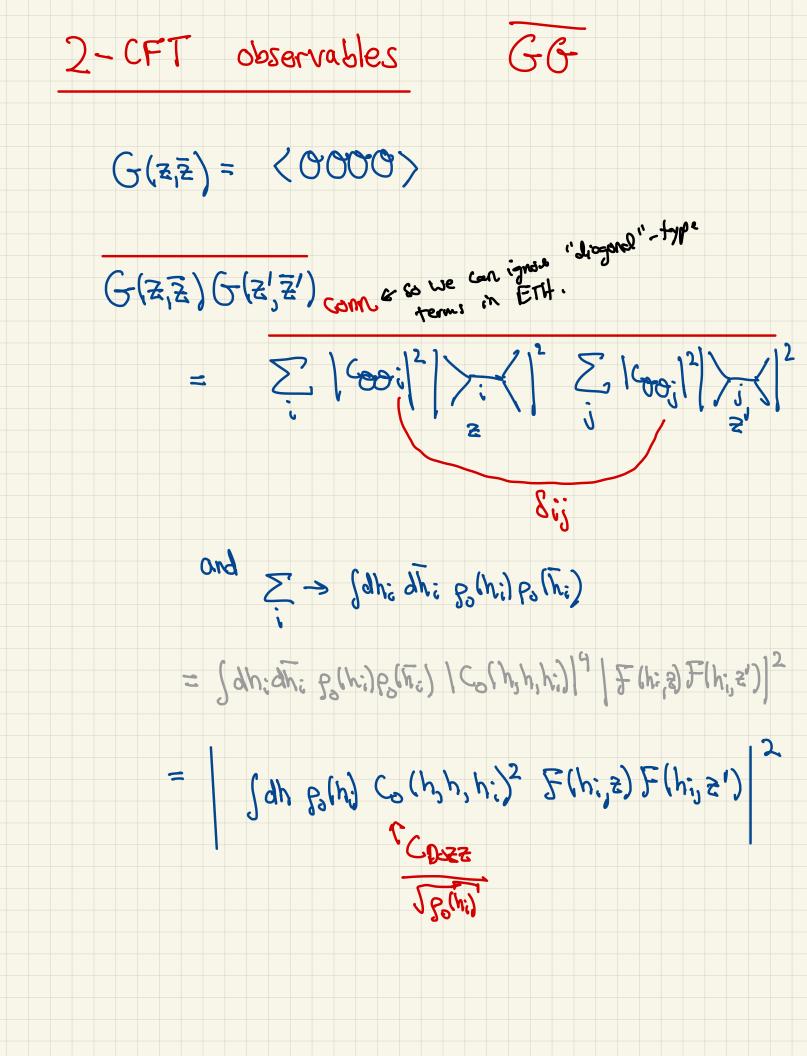
Block Holes  $h > \frac{c}{24}$  $g_{0}(h)g_{0}(\bar{h})$  Cardy

 $= |C_o(h;h;h_e)|^2 \delta_{ie} \delta_{im} \delta_{im}$ ± perms Cijk 2mn TCDOZZ JPSPSPS

Mativotian 2d JT gravity = RMT (SSS) TH is random The type of avg. is different, but philosophy is similar. requires off-shell Q(0; we will only require soddles for city.







 $G(z,\overline{z})G(z',\overline{z}') = G_{\text{Lioville}}(z,z')G_{\text{Lioville}}(\overline{z}',\overline{z})$ 

Note \* swap!

\*  $\langle O, O_2, \dots \rangle_g \langle O, O_2, \dots \rangle_g = G_L G'_L$ 

★ does Not require hold. OFT if Z → 1 (interpretation ??)

only assumed we are in a kinemptic regime (Ziz) where ETH applies, and average over Rijk.

So this is a true Afect about chaptic CFTs in the Tauberian limit; but I don't know what it's good for.

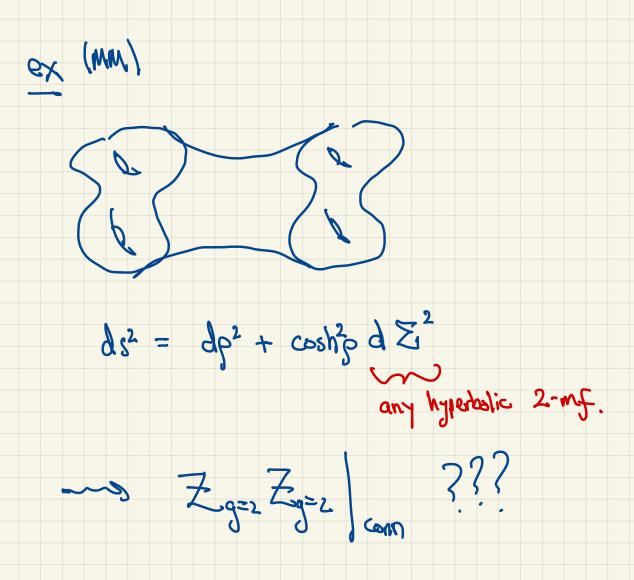
Challenge: what does this imply for individual, non-holographic CFT? I suspect something!

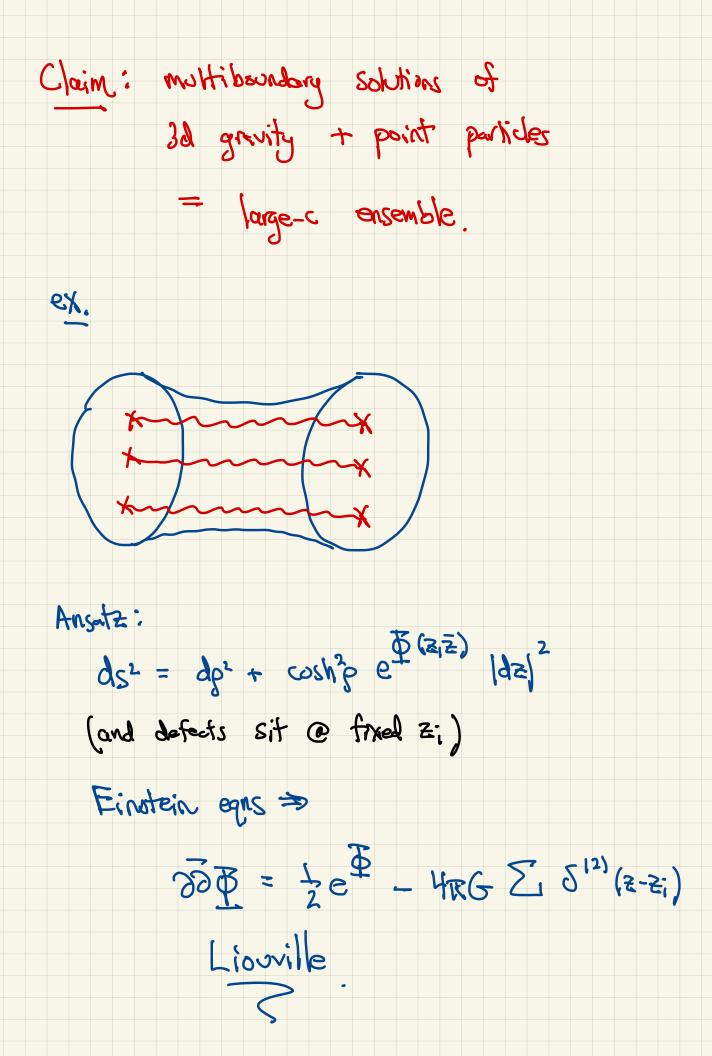
# Wormholes in 3d gravity

There is of course a long history of metching bootztrap solutions to bulk physics.

However there is a possile: Einstein gravity + Matter

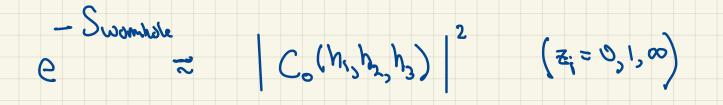
has solutions with multiple, disconnected boundaries.





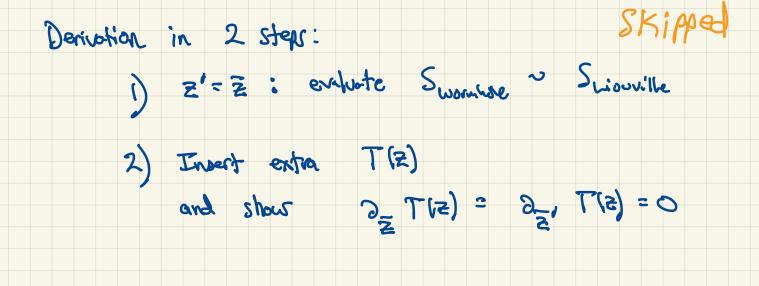
Now you can plug this ansatz into the Einstein action to calculate it on shell. The result is a Liouville action,

 $S_{\text{Lorminale}} = V_{\text{E}} - \frac{1}{2}A_{\text{E}} + \frac{\text{defect}}{\text{Counterterms}}$  $\cong$  SLiou nille

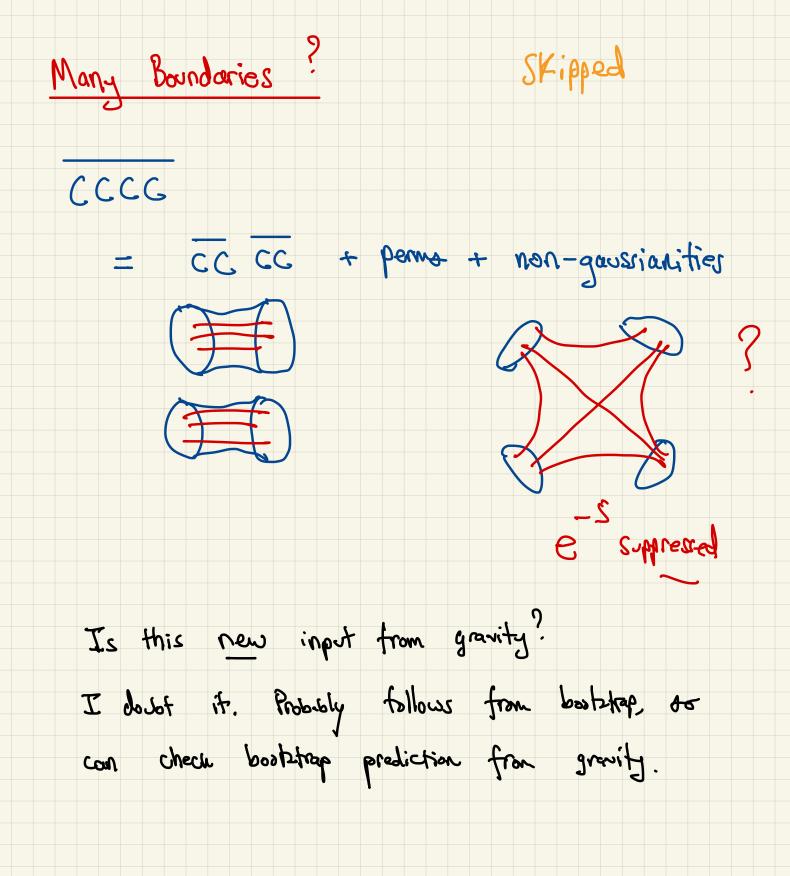


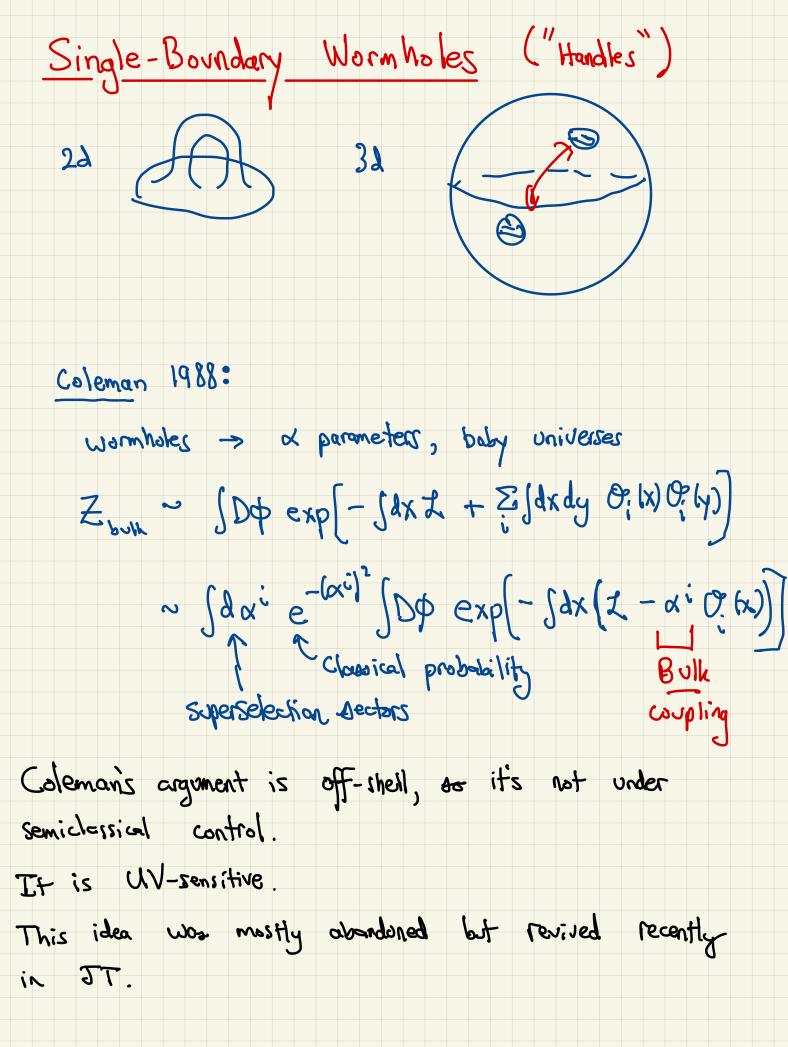
Note: Boundary metric is flat;  $g \rightarrow \infty$ ;  $ds^2 \sim dp^2 + e^{\frac{\pi}{2} + 2p} \frac{1}{4} |dz|^2$   $g_c = \log(\frac{2}{\epsilon}) - \frac{1}{2} \frac{\pi}{2}$ (except in little disks around defects]

General 2-boundary (3) (2',2') "Almost Fuchsian" z near 2"  $dS^2 = d\rho^2 + \omega sh^2 \rho e^{\frac{p}{2}} \left[ dz + \frac{1}{2} (1 + tanh \rho) \overline{t}(\overline{z}) e^{-\frac{p}{2}} d\overline{z} \right]^2$  $\overline{E}(\overline{z}) = quodratic differential on <math>\mathbb{Z}_{1}$ eq.  $\frac{1}{\overline{z}(\overline{z}-\overline{x})(\overline{z}-1)}$  $dS^2 = |dz|^2$ dstright = |dz+udz] -Swormhole Ghiou (3,2') Ghiou (2', 2)  $G(z, \overline{z}) G(\overline{z}', \overline{z}')$ Cff Cff ~



Skipped Branch Cuts The CFT quantity is Euclidean and single-valued. The Lisuville correlator is effectively Lorentzian GLiou (2,2') is not single valued as ZOO in Euclidean. Buth: Braiding CFT: Connections to Co from ? identity in other A channels. Euridean braidiz. Skipped Conjecture Bulk Soddles 25 Bootstrop channel + OPE contraction. But to be clear, oo far this is not systematic on either side of the relation. <u>Challenge</u>: Prove if (topo recursion?) end lecture #2



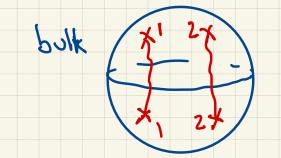


Now we'll show that the lager ensemble

has a similar effect.

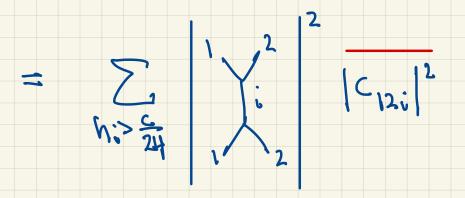
In large-c ensemble, Revisit  $G = \langle O, O, O, O, \rangle$ 2 1 2

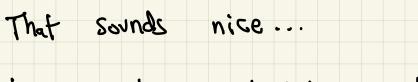
This term matches the bulk,



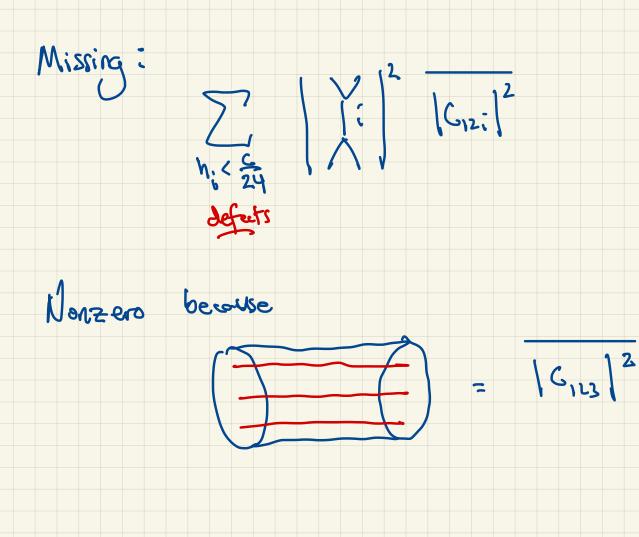
and it matches the Gaussian average in

the dual channel.





but we've neglected a term.

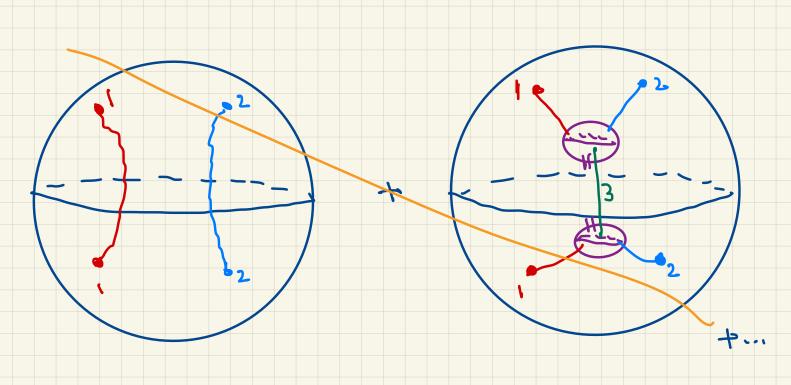


Thus for the whole story to hold together, we must find a new bulk contribution to the 4pf. with a single boundary !

Kequires: New contribution to bulk 4pf. with exchange of defect i.

And indeed there is one. Here it is:

 $\left\langle \begin{array}{c} 0 & 0 \\ 1 & 2 \\ 2 & 2 \end{array} \right\rangle$  (bulk) =

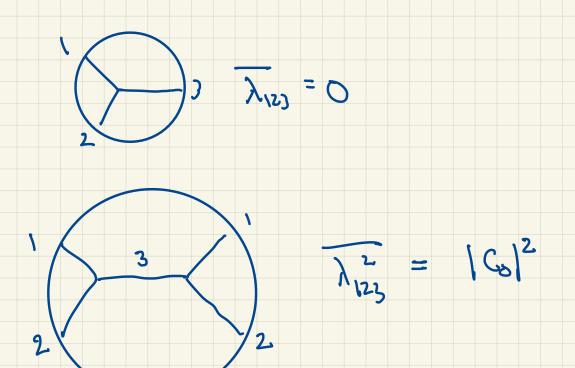


This is writing, let's draw 2d cartoon

 $\langle 0, 0, 0, 0 \rangle = \langle 0, 0, 0, 0, 0 \rangle$ 2 Same boundary cord! (Witten Liagram + bochreaction) Explain Quotient construction. Calculate oction:  $-S \approx |C_{0}(h,h_{2}h_{3})|^{2} |Y_{3}|^{2}$ 

That's exactly what we needed from CFT Coleman-ology: This is equivalent to adding a bulk

coupling 2 and averaging it:



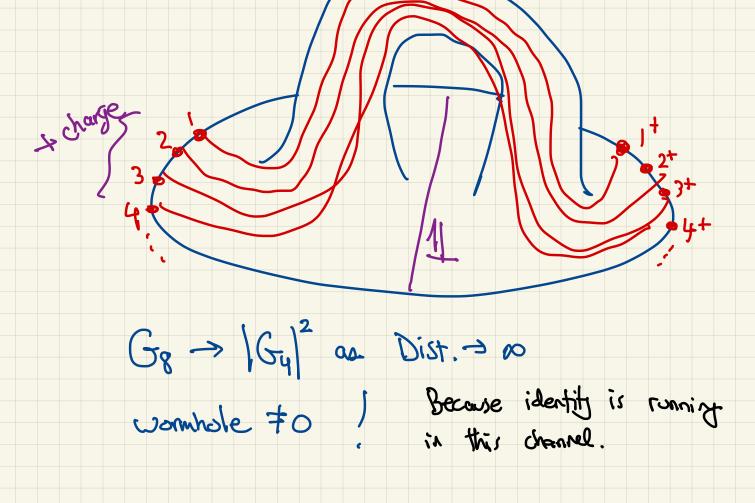
Does this mean 32 gravity has a-states?

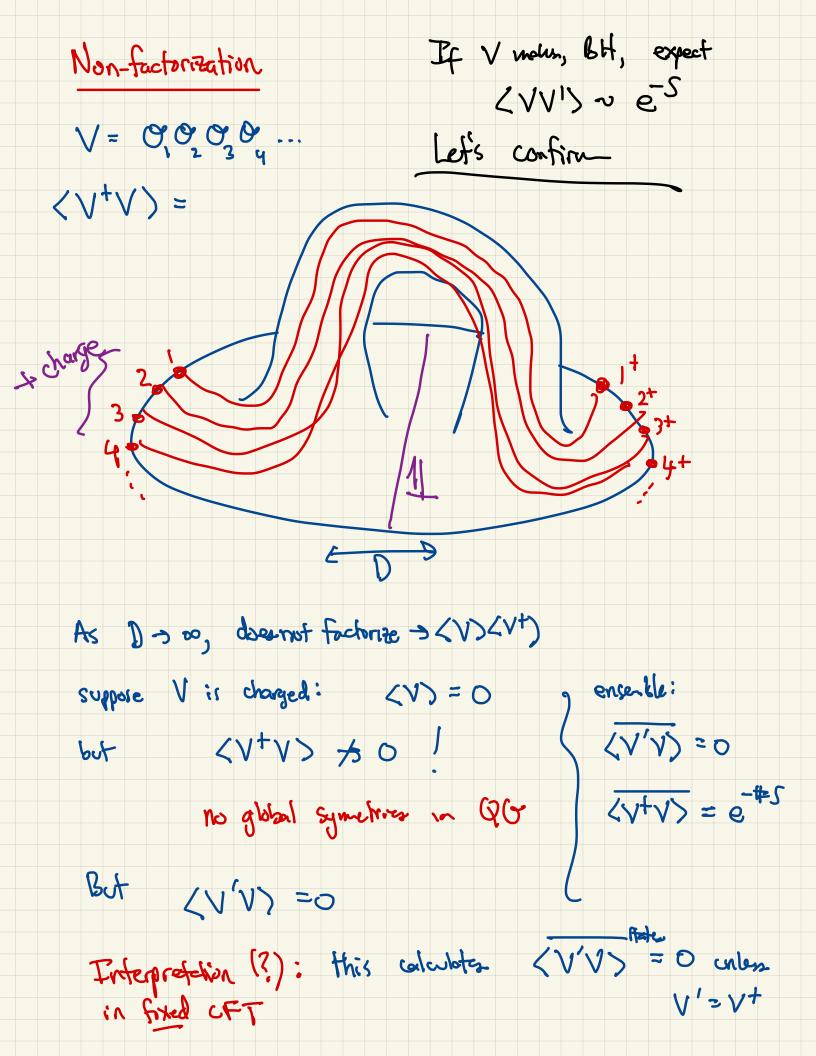
Maybe so for pure gravity.

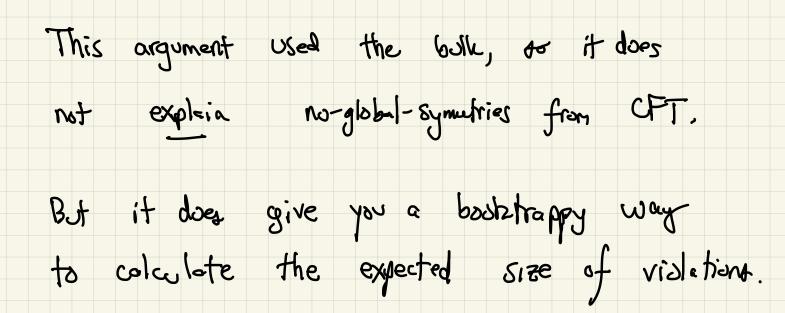
Probably not needed for UN-complete theories,

where this is a low-E EFT calculation.

No global symmetries in QG









Why averaging?

\* Universality / Low-E coarse graining

(Hints from bulk/black holes !)

\* Large - N limit (Witten - Schlenker)

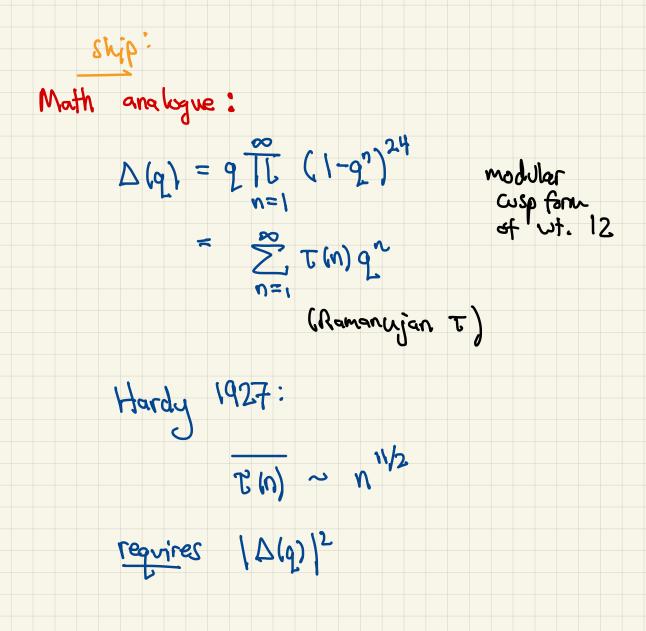
Higher Dimensions. ? womhates : with spherical symmetry. (So currently no insight on local operators.)

Lesson

Bootstrap / @ Emulti-CFT observables }

We saw some examples, GG-

Obviously no more info in principle, but it is repachaged and perhaps more accessible to humans.



Questions

How much does low-energy gravity know

about its UV completion?

Are most large-N CFTs holographic?

What does GG tell us in non-holo CFT?

T RAT/ETH I think there is very likely a useful overlap between these 2 subjects. LC bookstap nomentes — Q

For example, to Mathematiciana, "randomnus" is very closely related to analyticity properties of partition function or its Mellia transform.